

Dermal Filler with Restylane® and Restylane Perlane®

Information Sheet

Restylane® and Restylane Perlane® are crystal-clear, non-animal, biodegradable gels based on a natural substance, called hyaluronic acid that has been stabilised for longevity. These gels are injected into the skin in tiny amounts with a very fine needle. When injected into the skin, they produce volume that smoothes wrinkles or folds, shapes facial contours or enhances the lips in a natural way. Restylane Perlane® has larger particles than the standard Restylane® and is recommended for deeper wrinkles. These products can also be combined with local anaesthetic to reduce the discomfort following their injection.

Immediately after the treatment, there may be slight redness, swelling, tenderness, bruising and an itching sensation at the treated area. This is a normal result of the injections. The inconvenience is temporary and generally disappears in a day or two. If these symptoms continue, or if other reactions occur, please contact Mr Harris' nurse. Until the initial swelling and redness have resolved, do not expose the treated area to intense heat (e.g. sun or solarium) or extreme cold.

After injection with Restylane® you should avoid touching the treated area for approximately 6 hours. After that, a light make-up can be applied and the area can be gently washed with a mild soap.

Following treatment to the lips, swelling may take up to a week to settle, and the lips can look somewhat uneven. The result directly after the treatment should not, therefore, be looked upon as the final result.

If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another cold sore eruption. If you are using aspirin or any similar medication, be aware that these may increase the bruising and bleeding at the injection site.

Finally, since Restylane® is a natural substance which dissolves over time, the benefit does not last forever. Most people choose to be treated again within 6 -12 months of the original treatment.

The Practice

Mr Harris practices from 5 Devonshire Place in Central London, where he also performs minor outpatient procedures. Assisted by his regular anaesthetist, he operates at The London Clinic (<http://www.thelondonclinic.com>) and at The Royal Marsden Hospital, Fulham (<http://www.royalmarsden.nhs.uk>). He also consults and operates at Parkside Hospital, Wimbledon (<http://www.parkside-hospital.co.uk>). All provide a full range of medical support services.

Main correspondence, appointments and administration

Many patients are referred by their General Practitioner. You may, however, arrange your own appointment with Mr Harris, without referral.

Please refer all correspondence to:

5 Devonshire Place
London
W1G 6HL
Fax: 020 7927 6519

For appointments please contact:

appointments@paulharrisplasticsurgeon.co.uk, tel: 020 7927 6520

For information and payments:

admin@paulharrisplasticsurgeon.co.uk, tel: 020 7927 6521

For nursing support please contact:

nurse@paulharrisplasticsurgeon.co.uk, tel: 074 9622 8878